

MAN UP!

EXPLO[♂]RING HEALTHY MASCULINITY

Through interactive exercises, this three hour workshop will provide men with the tools to become better versions of themselves. The dominant idea of manhood affects us all. More and more men are beginning to stand up and speak out about their desire to redefine what it means to be a man today. Please sign up for this workshop if you are interested in joining the growing number of men working to make UWaterloo a safer campus for everyone.

**THREE
HOUR
WORKSHOP**

WHEN

October 17, 2017
5:00-8:00 p.m.

WHERE

St. Paul's
University College
Alumni Hall Side A
Room 201

FREE

Open to all
those who
identify as
male.

Food and beverages
will be provided.

Register today

uwaterloo.ca/heforshe/events



In support of

HeForShe

UN Women Solidarity Movement
for Gender Equality



**UNIVERSITY OF
WATERLOO**