

Achieving Truth

Embodied Art Research and Creating the Physicality of War on Stage

Theatre Workshop

March 16th • 15:00-20:00 • 60 Waller St.

- *This workshop is given in English. It is FREE but the number of places is limited* •

~ RSVP by March 10, 2018 to Ymeerzon@uottawa.ca ~

Facilitators: Nena Močnik and Aimée Mica Ntuli

The workshop explores potentials of performative arts in reconstructing, portraying and representing the embodied experience of war. The first part, led by Nena Močnik will focus on collecting testimonies by survivors with the help of different dramatic tools and body expressions, using movement, voice and visual portrayals. Participants will learn about the importance of non-verbal expression in researching a body as a testifier and bearer of trauma.

In the second part, Aimée Mica Ntuli will lead participants through the performance arts as a format of creating physicality and emotions of the character in war. Participants will engage in a few exercises to see how the environment affects one's body and how to become increasingly aware of your own body. The focus will be on modes of portraying war on stage with the aim of submersing the viewer in the experience, as opposed to a voyeuristic approach, as well as on the reason for this choice.

The experiential workshop will be enriched by visual documentation and screening from the performance(s). Both facilitators will bring in their own experiences in embodied art research and performances from their work in Bosnia-Herzegovina.



Dr. Nena Močnik is a postdoctoral researcher at Turku Institute for Advanced Studies and assistant professor at School of History, Arts and Culture Studies, University of Turku, Finland. Her new book, "Sexuality after War Rape: From Narrative to Embodied Research" (Routledge 2017) addresses the sexuality of survivors, and challenges the stereotypical and victimized images and narrations and their harmful effects on the political, social and economic status of the survivors. She facilitated numerous trainings and workshops from community theatre and applied drama internationally and authored several forum theatre performances and her own monodrama "Canned". In Fall 2016 she was a New Europe College EnTe Fellow, where she drafted her current project on the role of motherhood and collective memory in continuation of culture of violence and (un)successful reconciliation aftermath of war. She is the 2017-2018 Bank of Montreal Visiting Scholar in Women's Studies at the Institute of Feminist and Gender Studies, the University of Ottawa.



Aimée Mica Ntuli is a 29 years old graduate from the University of Witwatersrand in South Africa, Johannesburg. She obtained her honours degree in Dramatic Arts majoring in performance and directing. She was also a member of the acclaimed Actors Centre for a year before its demise in 2008. Aimée has played lead roles both on stage and on screen. Some of her credits include: Romeo and Juliet, Othello, A Midsummer Night's Dream, Equus and Mshika-Shika. She recently played a role in the Warner Bros film Blended. She just completed a run of *Waiting for Jack*, at Theatre on the square where she played the role of Lola followed by *Cheers to Sarajevo* which she co-wrote and starred in. Aimée is also an accomplished writer who has had various produced scripts for Etv, SABC and Mzansi Magic.