## PROSTATE CANCER CANADA NETWORK

## **Couples and Prostate Cancer**

Guest Speaker: Jim Panchaud, MSW, RSW
Social Worker, London Regional Cancer Program
London Health Sciences Centre

Date:

Wednesday, November 23rd

Time:

7:00PM - 8:30PM

Location:

HopeSpring: 43 Allen St. West, Waterloo, ON.

Facilitated by:

Guest Speaker Jim Panchaud, MSW, RSW In this session, Jim Panchaud, will look at the impact of prostate cancer on couples'

relationships and present tools for moving

forward together, such as:

- Living with the unknown and coping with changes
- How to break the cycle of silence
- How to recreate intimacy through talking and caring gestures
- Where to turn for support

Men who are living with prostate cancer and their partners are invited to attend this meeting.

Please sign~up in advance. To register, please call us at 519~742~4673.