

CARE4TODAY™
MOBILE HEALTH
MANAGER
**CAN HELP YOU
MANAGE YOUR
MEDICATIONS
FROM YOUR
MOBILE PHONE**

It's **FREE** and does so much more than apps that just send reminders, such as:

- Track progress and get reports that you can share with your doctor
- Care4Family™ allows you to see if your loved ones are taking their medications
- Care4Charity™ – find out how you can support charities by using the application. Learn more at: mhm.care4today.com

care4today™
Mobile Health Manager

The free, smart way to remember medicines and treatments



To learn more or download the free app, visit:
mhm.care4today.com



Scan this QR code with your smartphone to go to the Care4Today™ Mobile Health Manager mobile site right now!

care4today™
Mobile Health Manager



FOR A
**HEALTHIER
TOMORROW**

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JIP140497E
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www.janssen.ca



FIRST

search for Care4Today and download the FREE App or visit our website mhm.care4today.com



THEN

you just enter your medications and the time you take them

NEXT

you can choose to set up refill reminders to help you avoid running out of your medication



CARE4TODAY™ MOBILE HEALTH MANAGER USES A COLOUR-CODED SYSTEM

to help you see when it's time to take a medication and helps you stay on schedule.

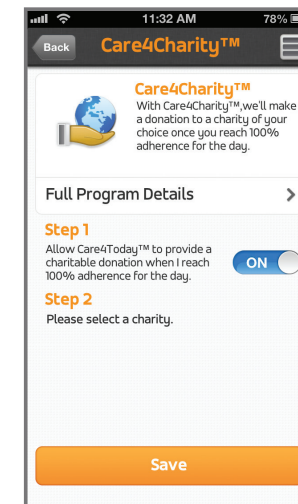
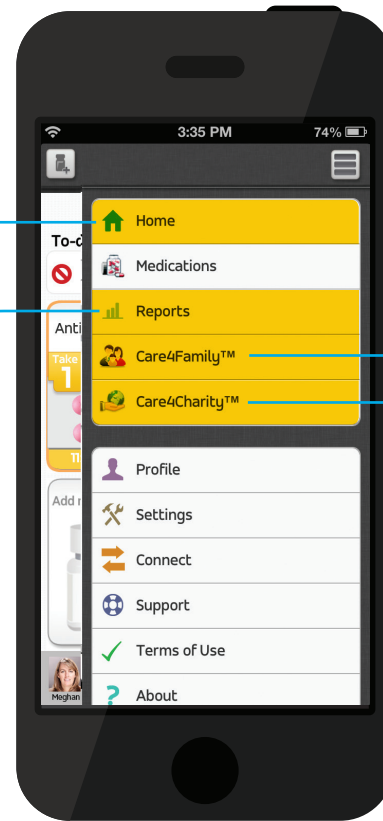
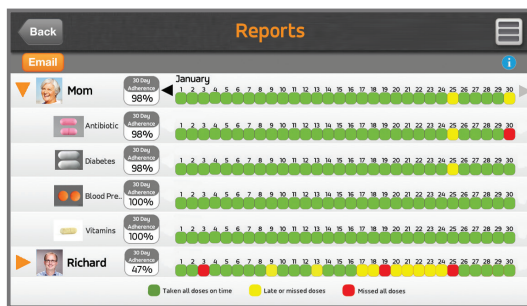


ANOTHER GREAT FEATURE OF CARE4TODAY™ MOBILE HEALTH MANAGER IS CARE4FAMILY™

which lets you monitor the medication schedule of a loved one, and see if they are taking their medications.

PLUS, BUILT-IN REPORTS TRACK HOW OFTEN YOU TAKE YOUR MEDICATION –

you can even show these reports to your doctor right from your phone.



CARE4CHARITY™ – FIND OUT HOW YOU CAN SUPPORT CHARITIES BY USING THE APPLICATION.

Learn more at: mhm.care4today.com