

THE PSA TEST

TO DETECT PROSTATE CANCER



Prostate Cancer Canada endorses the Canadian Urological Association's PSA testing recommendations summarized here.

What is it?



- A blood test measuring amount of the prostate specific antigen (PSA) protein
- It's normal to have PSA in your blood, but high levels can mean something is wrong - potentially prostate cancer

Should I get tested?



- Before deciding to be tested, discuss advantages and disadvantages with your doctor

Am I at risk?



- Age
- Family history of the disease
- Black men

When should I start being tested?



- Age 50
- Age 45 if at high risk

How often should I be tested?



- It depends on your PSA levels and can be different for each man

When should I stop testing?



- It depends on your PSA level, age and general health
- Usually at age 70
- In your 60s if PSA levels are low