

PEER MENTORS NEEDED



TO HELP CANCER SURVIVORS ADOPT AND MAINTAIN PHYSICAL ACTIVITY IN A RESEARCH STUDY

YOUR ROLE AS A PEER MENTOR

- 5-week online training program (3 hours/week) to learn how to discuss physical activity with others diagnosed with cancer
- Lead inactive cancer survivors through a program to adopt and maintain physical activity (1 hours/week for 5-weeks + admin)
- 3 assessments including questionnaires (20-30 min each) & you may be asked to participate in an interview

WHO CAN BE A PEER MENTOR?

- Anyone diagnosed with cancer who wants to help support other cancer survivors and who:
- Is performing ≥ 90 min/week of physical activity
 - Has completed primary cancer treatments
 - Is willing to mentor 1-2 cancer survivors
 - Has internet & webcam access

YOU WILL RECEIVE \$45 HONORARIUM FOR YOUR PARTICIPATION

HOW DO I PARTICIPATE?

CONTACT ALLY
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